

## Embassy of India

### Brasilia

\*\*\*\*

## COVID-19 Update Advisory: FAQs for Indian Nationals in Brazil

### Please note that:

- The information is compiled from various Government and other relevant sources and is subject to changes as the situation evolves.
- The information is mainly intended for Indian Community in Brazil.

### 1. What should one do if he/she has symptoms of COVID-19?

The standard procedures are the same for Brazilian citizens and foreign nationals.

In case of mild symptoms, similar to the flu, it is recommended to stay at home and treat symptoms accordingly.

In case of fever and cough, one should go to the nearest health centre.

In case of strong fever and difficulty to breathe, one should go to the emergency at the nearest hospital.

### 2. Whom should one contact to?

Please call before going to any hospital.

#### A. Brazilian Ministry of Health hotline for Coronavirus information: 136

#### B. Federal District-Brasilia:

- Federal District Secretariat of Health: 190, 193 or 199
- HRAN – Asa Norte Regional Hospital: (61) 2017-1900

#### C. Sao Paulo:

- Municipal Health Secretariat: 156 or 192
- Hospital das Clínicas da Faculdade de Medicina da Universidade: (11) 2661-0000
- Instituto de Infectologia Emílio Ribas: (11) 3896-1200

#### D. Rio de Janeiro:

- Hotline for Coronavirus - Municipal Secretariat of Health of Rio de Janeiro: 136
- Strategic Investigation for Health Surveillance Centre of the State Government of Rio de Janeiro: (21) 98596-6553

#### E. Belo Horizonte:

- Reference Public Health Centre for suspicious cases of Corona Virus: CECOVID: UPA Centro-Sul – (31)32385900
- Support number and website of the Secretariat of Health of the State of Minas Gerais: 31 98272-0553 | <https://www.saude.mg.gov.br/coronavirus>
- Eduardo de Mezenes Hospital (for adults) – (31) 33285000
- João Paulo II Hospital (for children) – (31) 32399000

### 3. How to go to hospital? Ambulance or private vehicle?

If it is an emergency and the person is not able to drive, they can go by ambulance. The Mobile Urgency Healthcare Service (SAMU) can be contacted through the telephone number 192.

### 4. Can a family member accompany the person?

It is strongly advised against family members accompanying the person.

### 5. Are the procedures for adults and children same or different?

The procedures are the same. It is only advised to go to the hospital in emergency cases.

### 6. List of Hospitals (Public and Private) and, Clinics for Coronavirus infection test:

Covid-19 tests are only done if there is a medical request from a doctor.

#### A. Federal District-Brasilia:

Sr. No.	Name	Address and Phone No.	Distance for the Indian Embassy
<b>Public Hospital</b>			
1.	HRAN – Asa Norte Regional Hospital	SMHN Q 2 - Asa Norte, Brasília-DF, CEP 70710-100 Phone: (61) 3325-4300	7.4 km
<b>Private Hospitals partnered with Sabin</b>			
2.	Hospital Alvorada Brasília	SHCS EQ 710/910 Conjunto B, SHCS, Brasília-DF, CEP 70390-108 Phone: (61) 3799-1000 <a href="http://www.hospitalalvorada.com.br/">http://www.hospitalalvorada.com.br/</a>	5.1 km
3.	Hospital Daher	SHIS, QI 7, Conj. F, Lago Sul, Brasília-DF, CEP 71615-660 Phone: (61) 3213-4848 <a href="https://hospitaldaher.com.br/">https://hospitaldaher.com.br/</a>	5.3 km
4.	Hospital DF Star	SGAS I SGAS 914 - Asa Sul, Brasília-DF, CEP 70390-140 Phone: (61) 3251-3100 <a href="https://www.rededorsaoluiz.com.br/">https://www.rededorsaoluiz.com.br/</a>	8.3 km
5.	Hospital HOME	SGAS Quadra 613 - Conjunto C - Asa Sul Brasília-DF, CEP 70200-730 Phone: (61) 3878-2878 <a href="https://www.homehospital.com.br/">https://www.homehospital.com.br/</a>	3.7 km
<b>Sabin Laboratories</b>			
6.	Sabin Laboratories	Sabin Laboratories conduct tests <u>only at hospitals or at homes.</u>  Website: <a href="http://marketing.sabin.com.br/coronavirus">http://marketing.sabin.com.br/coronavirus</a> More information:	

<https://www.sabin.com.br/contemais/ultimas-informacoes-teste-molecular-para-coronavirus/>

Please send an e-mail to: [coletaexterna@sabin.com.br](mailto:coletaexterna@sabin.com.br) with:

- RG/CPF number
- Medial Request
- Full address with postal code (CEP)
- Copy of health insurance plan card (if the company covers Covid-19 testing)

## B. Sao Paulo:

Sr. No.	Name	Address and Phone No.	Distance from CGI, Sao Paulo
<b>Public Hospital</b>			
1.	Hospital das Clínicas da Faculdade de Medicina da Universidade de São Paulo	Rua Dr. Ovídio Pires de Campos, 225 - Cerqueira César, São Paulo-SP, CEP - 05403-010 Phone: (11) 2661-0000	4.2 km
2.	Instituto de Infectologia Emílio Ribas	Av. Dr. Arnaldo, 165 - Pacaembu, São Paulo-SP, CEP- 01246-900 Phone: (11) 3896-1200	2 km
<b>Private Hospitals do the test on the recommendation of the doctors for patients with severe symptoms</b>			
3.	Hospital Alemão Oswaldo Cruz	R. São Joaquim, 94, 94 - Liberdade, São Paulo-SP, CEP-01508-000 Phone: (11) 3549-1999	2.7 km
4.	Sirio Libanes	Rua Barata Ribeiro, 387, 1st floor - Bela Vista - São Paulo-SP, CEP - 01308-050. Phone: (11) 3394-0200	2.6 km
5.	Hospital Israelita Albert Einstein	Av. Albert Einstein, 627/701 - Morumbi - São Paulo-SP, CEP 05652- 900 - Phone: (11) 2151-1233	9.5 km
6.	Hospital Santa Catarina	Avenida Paulista, 200 - Bela Vista - São Paulo-SP, CEP - 01310-000, Phone: (11) 3016-4133	1 km
7.	Vila Nova Star Hospital	R. Dr. Alceu de Campos Rodrigues, 126 - Vila Nova Conceição - São Paulo-SP, CEP - 04544-000 Phone: (11) 3003 - 3595	5.3 km
8.	Hospital São Luiz Morumbi	Rua Engenheiro Oscar Americano, 840 - Jardim Guedala, São Paulo-SP, CEP - 05605-050 Phone: (11) 3093-1100	7 km

## C. Rio de Janeiro:

Sr. No.	Name	Address and Phone No.	Zone / Type
Public Hospitals, Clinics and Centres for the 1 <sup>st</sup> Health Care (Mild Symptoms)			
1	<b>Family Clinic Santa Marta</b>	R. São Clemente, 312 - Botafogo, Rio de Janeiro - RJ, 22260-150 Phone: (21) 2286-2374	South / Public
2	<b>Family Clinic Cantagalo- Pavão Pavãozinho</b>	Rua Saint Roman, 172 - Copacabana - Rio de Janeiro - RJ   CEP: 22071-060 Phone: (21) 2513-1549	South / Public
3	<b>Municipal Health Centre João Barros Barreto</b>	Rua Tenreiro Aranha, s/n - Copacabana, Rio de Janeiro - RJ, 22031-090 Phone: (21) 3208-5367	South / Public
4	<b>Municipal Health Centre Manoel José Ferreira</b>	Rua Silveira Martins, 161 - Catete, Rio de Janeiro - RJ, 22221-000 Phone: <a href="tel:2122253864">(21) 2225-3864</a>	South / Public
5	<b>Family Clinic Maicon Siqueira</b>	Avenida Salvador Allende S/N Asa Branca - Barra da Tijuca, 22780-990 Phone: (21) 3523-8645	West / Public
6	<b>Family Clinic José de Souza Herdy</b>	Av. Ayrton Senna, 3383 - Jacarepaguá, Rio de Janeiro - RJ, 22775-001 Phone: (21) 3523-8635	West / Public
7	<b>Municipal Health Centre of Itanhangá</b>	Estrada do Itanhangá, 270 - Itanhangá, Rio de Janeiro - RJ, 22753-005 Phone: (21) 3139-4904	West / Public
8	<b>Family Clinic Rômulo Carlos Teixeira</b>	Rua Cosmorama - Realengo, Rio de Janeiro - RJ, 21765-310 Phone: <a href="tel:2135238484">(21) 3523-8484</a>	West / Public
9	<b>Family Clinic Deolindo Couto</b>	Rua Maravilha, 508-518 - Bangu, Rio de Janeiro - RJ, 21810-100 Phone: Not Informed	West / Public
10	<b>Oswaldo Cruz Municipal Health Centre</b>	Av. Henrique Valadares, 151 - Centro, Rio de Janeiro - RJ, 20231-031 Phone: (21) 2151-1751	Downtown / Public
11	<b>Municipal Health Centre Ernani Agrícola</b>	Rua Constante Jardim, 8 - Santa Teresa, Rio de Janeiro - RJ, 20241-160 Phone: (21) 2224-7194	Downtown / Public
12	<b>Municipal Health Centre</b>	Rua Waldemar Dutra, 55 - Santo Cristo, Rio de Janeiro - RJ, 20220-780	Downtown / Public

	<b>José Messias do Carmo</b>	Phone: (21) 2233-8468	
<b>13</b>	<b>Municipal Health Centre Marcolino Candau</b>	Rua Laura de Araújo, 36 - Cidade Nova, Rio de Janeiro - RJ, 20211-170 Phone: (21) 2273-2244	Downtown / Public
<b>14</b>	<b>Municipal Health Centre Ernesto Zeferino Tirbau Junior</b>	Avenida do Exército, 1, São Cristóvão 20910025 Rio de Janeiro, RJ Phone: (21) 3895-8658	North / Public
<b>15</b>	<b>Germano Sinval Faria Health Centre School</b>	Rua Leopoldo Bulhões, 1480 - Terreo - Manguinhos, Rio de Janeiro, 21041-210 Phone: (21) 2598-2520	North / Public
<b>16</b>	<b>Municipal Health Centre Hélio Pellegrino</b>	Rua do Matoso, 96 Prédio Anexo A- Praça da Bandeira, Rio de Janeiro, 20270-133 Phone: <a href="tel:(21)2502-9546">(21) 2502-9546</a>	North / Public
<b>17</b>	<b>Municipal Health Centre Maria Cristina Roma Paugartten</b>	R. Joaquim Gomes, 124-194 - Ramos, Rio de Janeiro - RJ, 21040-060	North / Public

**For more public clinics, centres and hospitals, please visit**

<https://portalarquivos2.saude.gov.br/images/pdf/2020/marco/03/Unidades-B--sicas-de-Sa--de-CORONAV--RUS.pdf>

#### **Emergency Hospitals**

<b>19</b>	<b>Evandro Chagas National Institute of Infectious Diseases</b>	Av. Brasil, 4365 - Manguinhos, Rio de Janeiro - RJ, 21040-360 Phone: (21) 3865-9595	North / Public
<b>20</b>	<b>Quinta D'or</b>	R. Alm. Baltazar, 435 - São Cristóvão, Rio de Janeiro - RJ, 20941-150 Phone: (21) 3461-3600	North / Private
<b>21</b>	<b>Hospital São Lucas - Copacabana</b>	Tv. Frederico Pamplona, 32 - Copacabana, Rio de Janeiro, 22061-080 Phone: (21) 2545-4000	South / Private
<b>22</b>	<b>Barra D'or Hospital</b>	Av. Ayrton Senna, 3079 - Barra da Tijuca, Rio de Janeiro - RJ, 22775-002	West / Private

	Phone: (21) 2430-3600	
--	-----------------------	--

#### D. Belo Horizonte:

Sr. No.	Name	Address and Phone No.
<b>Public Health Care Centres/Laboratories</b>		
1	<b>Funed Laboratory</b>	The public laboratory is responsible for the analysis of all samples coming from public healthcare centres across Belo Horizonte. All public healthcare centres (listed below, Sr. No. 2 to 10) are trained to reception suspicious cases of Corona Virus and proceed with the collection of samples when needed, directing them straight to FUNED Laboratory. Telephone number: 08002831980
2	<b>CECOVID: UPA Centro-Sul</b>	Rua Domingos Vieira, 488, Santa Efigênia, Belo Horizonte – 7am to 7pm (31) 3238-5900/ 5911/ 5919
3	<b>UPA Barreiro</b>	Av. Aurélio Lopes, 20, Diamante, Belo Horizonte, (31) 3277-5842/ 5840
4	<b>UPA Leste</b>	Av. Dos Andradas, 7260, Vera Cruz, Belo Horizonte (31) 3277-1102/ 9030/ 9040
5	<b>UPA Nordeste</b>	Rua Joaquim Gouvêa, 560, São Paulo, Belo Horizonte (31) 3246-7502 / 7501
6	<b>UPA Noroeste</b>	Rua Formiga, 50 - São Cristóvão (31) 3277-1347
7	<b>UPA Norte</b>	Rua Oscar Lobo Pereira, 270, Primeiro de Maio, Belo Horizonte
8	<b>UPA Oeste</b>	Av. Barão Homem de Melo, 1710, Belo Horizonte (31) 3277-7044/ 6875/ 6871
9	<b>UPA Pampulha</b>	Av. Santa Terezinha, 515, Santa Terezinha, Belo Horizonte (31) 3277-8441/ 8435/ 3447
10	<b>UPA Venda Nova</b>	Rua Padre Pedro Pinto, 175 - Venda Nova (31) 3277-8909/5504
<b>Private Hospitals/Laboratories</b>		
11	<b>MaterDei</b>	Santo Agostino: Gonçalves Dias, 2700, Santo Agostino, Belo Horizonte Contorno: Av. do Contorno, 9000, Barro Preto, Belo Horizonte Betim/Contagem: Via Expressa de Betim, 15500, Duque de Caxias, Betim (31) 3339-9000 for appointments (31) 3339-9800 for laboratory Week days: 6:30am to 3pm Saturdays: 7am to 11am

12	<b>Hospital Felício Rocho</b>	Av. do Contorno, 9530, Barro Preto, Belo Horizonte – 24 hours (31) 3514-7000
----	-------------------------------	---

## 7. What is payment for the test?

### A. Federal District-Brasilia:

- If the patient is at a public hospital, there is no payment.
- If the patient is at a private hospital and the health security plan covers the test, it is also free of charge.
- Sabin: R\$350.00 + R\$40.00 if test conducted at home. Please consult with Sabin before testing.

### B. Sao Paulo:

- If the patient is at a public hospital, there is no payment.
- If the patient is at a private hospital and the health security plan covers the test, it is also free of charge.
- The charges range from R\$ 150 – R\$ 350 depending on the hospital.

### C. Rio de Janeiro:

- If the patient is at a public hospital, there is no payment.
- If the patient is at a private hospital or laboratory and the health security plan covers the test, it is also free of charge.
- **Quinta D'or:** The patient must enter through Emergency Entrance. He/she will be conducted to a Clinical Consultation (Charged in approximately R\$ 321) and then he/ she will be conducted to the test if pertinent (around R\$ 210). This hospital accepts Health Insurances which cover Institutions of High Costs.
- **Hospital São Lucas - Copacabana:** The patient must enter through Emergency Entrance. He/she will be conducted to a Clinical Consultation (Charged in approximately R\$ 500 from Monday to Friday and R\$ 650 on weekends and Holidays) and then he/ she will be conducted to the test if pertinent (around R\$ 160). This hospital accepts some Health Insurances to be checked through telephone.
- **Barra D'or:** The patient must enter through Emergency Entrance. He/she will be conducted to a Clinical Consultation (Charged in approximately R\$ 430) and then he/ she will be conducted to the test if pertinent (around R\$ 210). This hospital accepts some Health Insurances to be checked through telephone.

### D. Belo Horizonte:

- If the patient is at a public hospital or UPA, there is no payment.
- If the patient is at a private hospital or laboratory and the health security plan covers the test, it is also free of charge.
- If the patient is at a private hospital or laboratory and does not have health security plan or the health security plan does not cover the test:
- **Hospital Felício Rocho:** Cost of the test only R\$ 252. The patient must enter through Emergency Entrance. He/she will be conducted to a Clinical Consultation

(Charged in approximately R\$ 550) and then he/ she will be conducted to the test if pertinent (R\$ 252). This hospital accepts Health Insurances which can be checked through the telephone.

- **Rede MaterDei:** Cost of the test R\$ 290 for covid-19 or R\$ 1,200 for general bacteria and covid-19. The patient must enter through Emergency Entrance. He/she will be conducted to a Clinical Consultation (charged approximately R\$ 600) and then he/ she will be conducted to the test if pertinent (R\$290). This hospital accepts Health Insurances which can be checked through the telephone.
- **Hermes Pardini:** To do the exam, patient needs to have a medical prescription. Cost of the test R\$ 250 + R\$48 for transport fee

### **8. What is the waiting time for doing test?**

This information is not available, as it depends on the amount of testing kits available and amount of people being tested.

### **9. Till that time can the patient stay at home or have to be hospitalized?**

If the test was conducted at home, the patient can stay at home. The patient only needs to be hospitalized in severe cases, he/she is recommended to stay at home and isolated.

### **10. When the results will be available after the test? Can one access the results through online or physically have to go to the hospital? Can a family member collect the result?**

**HRAN Public Hospital:** Up to 4 working days.

**Tests conducted by Sabin at homes or private hospitals:** Up to 2 working days if in Brasília, 3 if in other locations. Sabin results are available online.

#### **B. Sao Paulo:**

- At the public hospitals upto 4 working days.
- At the private hospitals the results are available in two working days.

#### **C. Rio de Janeiro:**

- **Public Hospitals, Clinics and Centres:** In case of mild symptoms and suspected contamination, patient must look for the Family Clinic and the Municipal Health Centres, then they will do the clinical procedures and, then they will conduct to the emergency if necessary. In case of severe symptoms, like severe breath difficulty and High Fever, patient must contact the *Evandro Chagas National Institute of Infectious Diseases*.
- **Quinta D'or:** Up to 7 working days through telephone.
- **Hospital São Lucas – Copacabana:** Between 2 and 3 working days through telephone.
- **Barra D'or:** Up to 02 Working days through telephone.

#### **D. Belo Horizonte:**

- **Funed (exam samples collected through public healthcare centres – UPAs):** 07 to 10 working days. The results are available at the place where the collection was carried out.



- **Hospital Felicio Rocho:** 06 to 07 days. The results are available online and a family member can collect the test result, along with a copy of the patient's ID documents.
- **Rede Mater Dei:** 06 days. The results are available online.
- **Hermes Pardini:** 06 days. The results are available online.

**11. If the result is positive, what is the procedure and in case if it is negative, what is the next step. Whether medicines will be provided free of cost or have to be paid?**

**In case of negative result,** please follow general instructions. Avoid going out, stay at home, wash your hands.

**In case of positive result,** if not in severe condition, please stay at home, isolated from other family members, treat symptoms accordingly. If in severe condition, please go to the concerned private public hospitals.

Medicines will not be provided free of cost, unless hospitalized in the public health network.

**12. For Covid19 positive person, what is the quarantine procedures for his immediate family members and close contacts?**

A Covid-19 positive person should stay isolated from the other people that live with him/her. The immediate family members and close contacts need to follow the standard instructions, stay at home, wash their hands and look out for symptoms.

**13. What about the food and staying arrangements for patient in the hospital?**

Unless the patient has dietary restrictions, food arrangements are standard for every patient.

**14. How his/her family member can get updates on treatment? Will he be allowed to use mobile phone?**

The patient is allowed to use his/her mobile phone.

**15. How the Embassy can help the infected person?**

The COVID19-related advisories and other important messages issued by Government of India are shared on the Indian Embassy and Consulate websites and social media accounts. Please follow them for updates.

**Embassy of India in Brasilia:**

- Website: <https://eoibrasilia.gov.in/>,
- Twitter: <http://www.twitter.com/indianbrazil>,
- Facebook: <https://www.facebook.com/indianbrazil>, and
- Instagram: <https://www.instagram.com/indianbrazil/>

**Consulate General of India in Sao Paulo:** (To be filled by CGI, Sao Paulo)

- Website: <http://www.cgisaopaulo.gov.in>,
- Twitter: <https://twitter.com/cgisaopaulo>, and
- Facebook: <https://www.facebook.com/IndianConsulateGeneralSaoPauloBrazil/>

In case of Emergency, Indian nationals in Brazil can contact the following emergency numbers:

- **Consulate of India in Sao Paulo:** +55-11-99451 8224 (The States of Sao Paulo, Rio de Janeiro, Parana, Santa Catarina and Rio Grande do Sul fall under the jurisdiction of the Consulate.)
- **Embassy of India in Brasilia:** +55-61-98139-1127 (For other Brazilian states)

Given the global situation and travel restrictions/quarantines measures placed across various international airports and check posts, people are advised to avoid all non-essential travels and, in case travelling, follow local standard protocols.

It is also strongly recommended to follow the guidelines issued by the local, state and federal governments of Brazil. Please visit respective websites for more information.

\*\*\*\*